

# CENTRE FOR LIFE SKILLS DEVELOPMENT



## PREM INSTITUTE OF CAREER EDUCATION

VISAKHAPATNAM – AMALAPURAM

*PROSPECTUS*  
*2016 - 2017*

In Collaboration with



**Acharya Nagarjuna University**

**గుంటూరు**

# About Institute

*Prem Institute of Career Education is established in 2009 with the aim of empower rural youth with essential skills for their livelihood. It is non-profit career oriented, skill development institute in the fields of Vocational Education, Information Technology, Basic Sciences, Teaching and Fine Arts.*

## *Vision*

*To be a leader in career education, knowledge development, towards integral, inclusive and prosperous India.*

## *Mission*

*To create ethical, intellectual, knowledgeable, integral professionals who shall contribute to the growth of society and harness it for the welfare of the nation and mankind.*

# Courses Offered

1. Certificate in Life Skills – Level: I
2. Certificate in Life Skills – Level: II
3. Certificate in Life Skills – Level: III
4. Certificate in Life Excellence and Success

# Eligibility & Fee

Course	Eligibility	Fee for White Ration Card Holders	Fee for Others
Certificate in Life Skills Level: I *	6 <sup>th</sup> Class or Above	Rs. 300/-	Rs. 500/-
Certificate in Life Skills Level: II *	8 <sup>th</sup> Class or Above	Rs. 600/-	Rs. 800/-
Certificate in Life Skills Level: III *	10 <sup>th</sup> Class or Above	Rs. 1000/-	Rs. 1000/-
Certificate in Life Excellence and Success #	12 <sup>th</sup> Class/ Any Degree	Rs. 300/-	Rs. 300/-

- \* In Collaboration with Acharya Nagarjuna University, Guntur (University will Award Certificate after successful completion).
- # Certificate Awarded by Prem Institute of Career Education after successful completion.

Duration of all courses are **Six Months**. Admissions twice in a year.

**Study material will be provided for all courses.**

Last Date for Admission Cycle- I	Last Date for Admission Cycle- II
<b>30-09-2016</b>	<b>31-03-2016</b>

# Syllabus

## Certificate Course in Life Skills: Level – I

### **Educational Development**

- 1 . Introduction
- 2 . Introduction
- 3 . Advantages of Education
- 4 . Goal Setting
- 5 . How to prepare for Exams
- 6 . Copying in Exams
- 7 . Hand Writing
- 8 . Lack of Interest
- 9 . Home Sickness
- 10 . Competitiveness
- 11 . Friends
- 12 . Health
- 13 . Yoga
- 14 . Teasing

### **Personality Development**

- 1 . Know yourself
- 2 . Motivation
- 3 . Family
- 4 . Cooking & Cleaning
- 5 . Social Etiquette
- 6 . Value of life
- 7 . Time value
- 8 . Body value
- 9 . Why we have to be good?
- 10 . Concentration
- 11 . Memory
- 12 . Forgetting
- 13 . Procrastination
- 14 . Mental Stress
- 15 . Emotions
- 16 . Problem Solving & Decision Making
- 17 . Meditation

## Certificate Course in Life Skills: Level – II

### Educational Development

- 1 . Introduction
- 2 . Know yourself
- 3 . Goal Setting
- 4 . How to prepare for Exams
- 5 . Copying in Exams
- 6 . Hand Writing
- 7 . Lack of Interest
- 8 . Home Sickness
- 9 . Competitiveness
- 10 . Friends
- 11 . Health
- 12 . Yoga
- 13 . Teasing
- 14 . Communication

### Personality Development

- 1 . Motivation
- 2 . Family
- 3 . Cooking & Cleaning
- 4 . Social Etiquette
- 5 . Value of life
- 6 . Time value
- 7 . Body value
- 8 . Body process
- 9 . Concentration
- 10 . Memory
- 11 . Forgetting
- 12 . Procrastination
- 13 . Mental Stress
- 14 . Love
- 15 . Emotions
- 16 . Emotional Intelligence
- 17 . Suicide
- 18 . Decision Making & Problem Solving
- 19 . Spiritual Intelligence
- 20 . Meditation

## Certificate Course in Life Skills: Level – III

### Educational Development

- 1 . Introduction
- 2 . Know yourself
- 3 . Goal Setting
- 4 . How to prepare for Exams
- 5 . Copying in Exams
- 6 . Hand Writing
- 7 . Lack of Interest
- 8 . Home Sickness
- 9 . Competitiveness
- 10 . Friends
- 11 . Health
- 12 . Yoga
- 13 . Ragging/Teasing
- 14 . Sexual Harassment
- 15 . Communication

### Personality Development

- 1 . Motivation
- 2 . Family
- 3 . Cooking & Cleaning
- 4 . Social Etiquette
- 5 . Value of life
- 6 . Time value
- 7 . Body value
- 8 . Body process
- 9 . Concentration
- 10 . Memory
- 11 . Forgetting
- 12 . Procrastination
- 13 . Mental Stress
- 14 . Love
- 15 . Emotions
- 16 . Emotional Intelligence
- 17 . Leadership
- 18 . Suicide
- 19 . Decision Making & Problem Solving
- 20 . Spiritual Intelligence
- 21 . Meditation

## **Certificate in Life Excellence and Success**

**Paper –I: Education and Society**

**Paper – II: Career and Profession**

**Paper – III: Spirituality and Money**

# Contact

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